

Prueba 1  
22/11/2025

Masc., 200m Libre

Absoluto Masculino  
Resultados

Clasificación	AN		Tiempo	
1. ALONSO DOMINGUEZ, Manuel	00	C.N. Metropole	<b>1:54.63</b>	38,00
50m: 26.96 26.96 100m: 55.64 28.68 150m: 1:25.26 29.62 200m: 1:54.63 29.37				
2. MANZATTO VACCARO, Nicolas	06	Esna Lanzarote	<b>1:54.77</b>	34,00
50m: 26.85 26.85 100m: 56.14 29.29 150m: 1:25.90 29.76 200m: 1:54.77 28.87				
3. CAPLLONCH DE UÑA, Ismael	07	R.C. Naut. Tenerife	<b>1:55.50</b>	31,00
50m: 26.93 26.93 100m: 55.83 28.90 200m: 1:55.50 59.67				
4. GONZALEZ NEGRIN, Aquiles	08	C.N. Teneteide	<b>1:56.16</b>	30,00
50m: 26.84 26.84 100m: 55.83 28.99 200m: 1:56.16 1:00.33				
5. GONZALEZ NEGRIN, Ares	12	C.N. Teneteide	<b>1:56.31</b>	29,00
50m: 27.22 27.22 100m: 56.41 29.19 200m: 1:56.31 59.90				
6. COLODRERO MUÑOZ, Ivan	09	Esna Lanzarote	<b>1:56.60</b>	28,00
50m: 27.40 27.40 100m: 56.62 29.22 150m: 1:26.64 30.02 200m: 1:56.60 29.96				
7. RAMOS DELGADO, Gabriel	05	C.N. Martianez Coral Hotels	<b>2:00.03</b>	27,00
50m: 27.74 27.74 100m: 57.20 29.46 200m: 2:00.03 1:02.83				
8. RAMIREZ MORALES, Sergio C.	03	Cn.Salinas Sta.Lucia	<b>2:00.23</b>	25,50
50m: 27.80 27.80 100m: 57.21 29.41 150m: 1:28.38 31.17 200m: 2:00.23 31.85				
QUILES PEÑATE, Jose Antonio	09	C.N. Metropole	<b>2:00.23</b>	25,50
50m: 27.33 27.33 100m: 57.03 29.70 150m: 1:28.56 31.53 200m: 2:00.23 31.67				
10. GONZALEZ ALONSO, Airam	95	A.D. Santa Cruz	<b>2:01.07</b>	24,00
50m: 27.47 27.47 100m: 57.31 29.84 200m: 2:01.07 1:03.76				
11. GUILLEN PEÑA, Victor	02	C.P.Santa Mª De Guia	<b>2:01.37</b>	23,00
50m: 28.18 28.18 100m: 58.38 30.20 150m: 1:29.69 31.31 200m: 2:01.37 31.68				
12. QUIJADA PEREZ, Saul Alejandro	10	C.D. N. Bentacu-Laguna	<b>2:01.60</b>	22,00
50m: 27.05 27.05 100m: 57.19 30.14 200m: 2:01.60 1:04.41				
13. CHAVARREN CORUJO, Asier	98	C.N. Aguacan	<b>2:01.98</b>	21,00
50m: 27.59 27.59 100m: 57.83 30.24 150m: 1:29.79 31.96 200m: 2:01.98 32.19				
14. AMATI, Nicolo	10	C.N. Los Cristianos	<b>2:02.20</b>	20,00
50m: 27.86 27.86 100m: 58.76 30.90 200m: 2:02.20 1:03.44				
15. HOLZENDORF DIONIS, Thomas	97	C.N. Martianez Coral Hotels	<b>2:02.86</b>	19,00
50m: 27.52 27.52 100m: 58.10 30.58 200m: 2:02.86 1:04.76				
16. DUPUY ESTEVEZ, Lucas	11	C.D. N. Bentacu-Laguna	<b>2:02.90</b>	18,00
50m: 27.94 27.94 100m: 58.77 30.83 200m: 2:02.90 1:04.13				
17. MAÑOJIL CABRERA, Sergio	05	C.N. Aguacan	<b>2:02.98</b>	17,00
50m: 26.75 26.75 100m: 56.21 29.46 150m: 1:28.97 32.76 200m: 2:02.98 34.01				
18. GUADALUPE NEGRIN, Jorge Ramses	03	A.D. Santa Cruz	<b>2:03.53</b>	16,00
50m: 27.72 27.72 100m: 57.92 30.20 200m: 2:03.53 1:05.61				
19. SANCHEZ FERNANDEZ, Gregory	09	C.N. Los Cristianos	<b>2:04.14</b>	15,00
50m: 27.59 27.59 100m: 58.41 30.82 200m: 2:04.14 1:05.73				
20. TOBAL FEBLES, Gabriel	10	C.D. Herbania	<b>2:04.88</b>	14,00
50m: 28.66 28.66 100m: 1:00.21 31.55 150m: 1:33.21 33.00 200m: 2:04.88 31.67				
21. ESTEVEZ GALVEZ, Carlos	08	C.B. Dominicas Vistabella	<b>2:05.17</b>	13,00
50m: 28.50 28.50 100m: 59.27 30.77 200m: 2:05.17 1:05.90				
22. ALAMO ESPINO, Joaquin	09	Club Deportivo Agaeterun	<b>2:06.59</b>	12,00
50m: 29.02 29.02 100m: 1:00.62 31.60 150m: 1:34.05 33.43 200m: 2:06.59 32.54				
23. ESTRELLA PADRON, Javier	01	R.C. Naut. Tenerife	<b>2:06.66</b>	11,00
50m: 27.70 27.70 100m: 58.54 30.84 200m: 2:06.66 1:08.12				

Prueba 1, Masc., 200m Libre, Absoluto Masculino

Clasificación	AN	Tiempo
24. ESTRADA GARCIA, Borja	11	C.D. Nonadamos <b>2:11.21</b> 10,00
50m: 30.05 30.05 100m: 1:03.68 33.63 150m: 1:38.62 34.94 200m: 2:11.21 32.59		
25. DIAZ ALAMO, Matias	11	Club Deportivo Agaeterun <b>2:11.56</b> 9,00
50m: 30.97 30.97 100m: 1:04.58 33.61 150m: 1:38.79 34.21 200m: 2:11.56 32.77		
26. GARCIA GALAN, Javier	06	C.B. Dominicas Vistabella <b>2:13.60</b> 8,00
50m: 28.62 28.62 100m: 1:00.89 32.27 200m: 2:13.60 1:12.71		
27. MATEO HERNANDEZ, Alexis	10	C.N. Valleverde <b>2:14.89</b> 7,00
50m: 30.69 30.69 100m: 1:04.70 34.01 150m: 1:40.18 35.48 200m: 2:14.89 34.71		
28. HERNANDEZ ROCIO, Francisco Javier	10	C.N. Valleverde <b>2:21.50</b> 6,00
50m: 30.87 30.87 100m: 1:05.12 34.25 150m: 1:43.24 38.12 200m: 2:21.50 38.26		
29. DIAZ VERDE, David	07	Cn.Salinas Sta.Lucia <b>2:21.83</b> 5,00
50m: 33.01 33.01 100m: 1:09.84 36.83 150m: 1:46.82 36.98 200m: 2:21.83 35.01		
30. HERNANDEZ SANTANA, Erik	11	C.N. Carucagua <b>2:26.21</b> 4,00
50m: 33.22 33.22 100m: 1:10.91 37.69 150m: 1:49.88 38.97 200m: 2:26.21 36.33		
31. RODRIGUEZ DE LA SIERRA GARCIA, 08or		C.N. Reales <b>2:29.22</b> 3,00
50m: 32.25 32.25 100m: 1:10.12 37.87 200m: 2:29.22 1:19.10		
32. HERNANDEZ CURBELO, Unai	10	C.D. Nonadamos <b>2:34.02</b> 2,00
50m: 35.72 35.72 100m: 1:15.09 39.37 150m: 1:55.40 40.31 200m: 2:34.02 38.62		
33. CARRERO SERRANO, Gabriel Jhosue	13	C.D. Herbania <b>2:35.13</b> 1,00
50m: 36.13 36.13 100m: 1:16.05 39.92 150m: 1:56.84 40.79 200m: 2:35.13 38.29		
34. CARRETERO LLARENA, Yeron	10	C.N. Villa De Agüimes 2016 <b>2:36.19</b> -
50m: 34.28 34.28 100m: 1:13.64 39.36 150m: 1:55.93 42.29 200m: 2:36.19 40.26		
35. QUINTANA BENITEZ, Luis	11	C.N. Carucagua <b>2:36.41</b> -
50m: 35.50 35.50 100m: 1:14.49 38.99 150m: 1:56.38 41.89 200m: 2:36.41 40.03		
36. MARTIN MARTIN, Ayoze	09	C.N. Reales <b>2:42.35</b> -
50m: 36.39 36.39 100m: 1:16.53 40.14 200m: 2:42.35 1:25.82		
37. TACORONTE PEREZ, Francisco	12	C.P.Santa Mª De Guia <b>2:52.31</b> -
50m: 37.23 37.23 100m: 1:20.11 42.88 150m: 2:05.81 45.70 200m: 2:52.31 46.50		
DSQ RODRIGUEZ SANTANA, Mario	13	C.N. Villa De Agüimes 2016 -
NP DOS REIS SANTANA, Alejandro	04	C.N. Aguacan -
NP HERRERA TORRES, Carlos	04	C.N. Metropole -
NP TAVIO MEDINA, Emilio Jose	02	A.D. Santa Cruz -
Baja CABRERA WINTER, Alvaro	01	C.N..Faynagua C. Telde -

Prueba 2  
22/11/2025

Fem., 400m Estilos

Absoluto Femenino  
Resultados

Clasificación	AN	Tiempo
1. DENBY, Kennedy Hope	05	C.N. Las Palmas <b>4:59.66</b> 38,00
50m: 31.67 31.67 150m: 1:45.50 38.52 250m: 3:06.79 43.07 350m: 4:26.11 34.98		
100m: 1:06.98 35.31 200m: 2:23.72 38.22 300m: 3:51.13 44.34 400m: 4:59.66 33.55		
2. HERNANDEZ MARTIN, Nerea	03	C.N. Las Palmas <b>5:04.14</b> 34,00
50m: 31.65 31.65 150m: 1:45.97 38.02 250m: 3:06.38 43.46 350m: 4:27.69 36.89		
100m: 1:07.95 36.30 200m: 2:22.92 36.95 300m: 3:50.80 44.42 400m: 5:04.14 36.45		
3. BASILI, Veronica	08	C.N. Teneteide <b>5:09.96</b> 31,00
50m: 31.71 31.71 200m: 2:28.20 1:18.92 400m: 5:09.96 1:13.14		
100m: 1:09.28 37.57 300m: 3:56.82 1:28.62		
4. WOOD MESA, Maria	12	C.N. Metropole <b>5:11.70</b> 30,00
50m: 33.15 33.15 150m: 1:52.41 41.33 250m: 3:15.42 43.50 350m: 4:36.54 37.24		
100m: 1:11.08 37.93 200m: 2:31.92 39.51 300m: 3:59.30 43.88 400m: 5:11.70 35.16		

Prueba 2, Fem., 400m Estilos, Absoluto Femenino

Clasificación	AN								Tiempo			
5.	HERNANDEZ MARTIN, Carla		08	C.N. Teneteide					<b>5:23.23</b>	29,00		
	50m:	32.51	32.51	200m:	2:31.68	1:21.79	400m:	5:23.23	1:02.00			
	100m:	1:09.89	37.38	300m:	4:21.23	1:49.55						
6.	DUQUE BROUARD, Elena		10	C.B. Dominicas Vistabella					<b>5:25.02</b>	28,00		
	50m:	34.74	34.74	200m:	2:35.77	1:24.67	400m:	5:25.02	1:14.76			
	100m:	1:11.10	36.36	300m:	4:10.26	1:34.49						
7.	MOURE GAO, Natalia		11	C.N. Los Cristianos					<b>5:29.50</b>	27,00		
	50m:	36.85	36.85	200m:	2:39.85	1:21.73	400m:	5:29.50	1:14.64			
	100m:	1:18.12	41.27	300m:	4:14.86	1:35.01						
8.	JOVER RODRIGUEZ, Ana		11	C.N. Metropole					<b>5:33.63</b>	26,00		
	50m:	35.26	35.26	150m:	2:01.45	43.95	250m:	3:29.96	45.98	350m:	4:57.59	39.65
	100m:	1:17.50	42.24	200m:	2:43.98	42.53	300m:	4:17.94	47.98	400m:	5:33.63	36.04
9.	SARMIENTO NARANJO, Carla		09	C.N. Villa De Agüimes 2016					<b>5:35.57</b>	25,00		
	50m:	35.02	35.02	150m:	1:59.30	43.50	250m:	3:29.83	47.70	350m:	4:58.54	39.65
	100m:	1:15.80	40.78	200m:	2:42.13	42.83	300m:	4:18.89	49.06	400m:	5:35.57	37.03
10.	SCARPA, Barbara		08	C.N. Martianez Coral Hotels					<b>5:38.32</b>	24,00		
	50m:	33.57	33.57	200m:	2:41.73	1:27.28	400m:	5:38.32	1:17.09			
	100m:	1:14.45	40.88	300m:	4:21.23	1:39.50						
11.	BONILLA BORDON, Ines		06	C.N. Aguacan					<b>5:41.36</b>	23,00		
	50m:	34.62	34.62	150m:	1:58.84	43.85	250m:	3:30.60	49.77	350m:	5:01.44	41.01
	100m:	1:14.99	40.37	200m:	2:40.83	41.99	300m:	4:20.43	49.83	400m:	5:41.36	39.92
12.	DIAZ DE LOSADA BUJAN, Silvia		12	R.C. Naut. Tenerife					<b>5:42.57</b>	22,00		
	50m:	37.54	37.54	200m:	2:45.48	1:25.41	400m:	5:42.57	1:18.30			
	100m:	1:20.07	42.53	300m:	4:24.27	1:38.79						
13.	IZAGUIRRE NESSI, Kassandra Isabel		08	C.D. N. Bentacu-Laguna					<b>5:42.73</b>	21,00		
	50m:	35.55	35.55	200m:	2:45.06	1:29.72	400m:	5:42.73	1:22.23			
	100m:	1:15.34	39.79	300m:	4:20.50	1:35.44						
14.	ALAMO MATOS, Ariadna		09	C.N. Carucagua					<b>5:46.19</b>	20,00		
	50m:	36.86	36.86	150m:	2:02.16	42.81	250m:	3:37.31	52.41	350m:	5:08.91	38.96
	100m:	1:19.35	42.49	200m:	2:44.90	42.74	300m:	4:29.95	52.64	400m:	5:46.19	37.28
15.	SUAREZ MACIAS, Gabriela		09	C.N. Aguacan					<b>5:46.52</b>	19,00		
	50m:	34.68	34.68	150m:	2:01.14	45.33	250m:	3:36.48	51.36	350m:	5:08.49	40.28
	100m:	1:15.81	41.13	200m:	2:45.12	43.98	300m:	4:28.21	51.73	400m:	5:46.52	38.03
16.	PIÑERO STEGENSEK, Elisa		08	C.B. Dominicas Vistabella					<b>5:48.96</b>	18,00		
	50m:	36.41	36.41	200m:	2:48.43	1:28.18	400m:	5:48.96	1:22.77			
	100m:	1:20.25	43.84	300m:	4:26.19	1:37.76						
17.	PEREZ MUÑOZ, Claudia		08	Esna Lanzarote					<b>5:50.90</b>	17,00		
	50m:	36.06	36.06	150m:	2:05.01	46.57	250m:	3:39.41	49.41	350m:	5:13.50	42.94
	100m:	1:18.44	42.38	200m:	2:50.00	44.99	300m:	4:30.56	51.15	400m:	5:50.90	37.40
18.	SAIZ PEREZ, Mar		08	C.N. Los Cristianos					<b>5:51.38</b>	16,00		
	50m:	37.28	37.28	200m:	2:53.51	1:31.30	400m:	5:51.38	1:18.50			
	100m:	1:22.21	44.93	300m:	4:32.88	1:39.37						
19.	ANGULO FALCON, Cristina		06	C.N. Martianez Coral Hotels					<b>5:51.59</b>	15,00		
	50m:	36.67	36.67	200m:	2:49.05	1:29.65	400m:	5:51.59	1:18.22			
	100m:	1:19.40	42.73	300m:	4:33.37	1:44.32						
20.	FALCON AFONSO, Ines		13	C.N. Carucagua					<b>5:56.23</b>	14,00		
	50m:	36.04	36.04	150m:	2:04.62	44.50	250m:	3:42.06	54.71	350m:	5:18.88	40.34
	100m:	1:20.12	44.08	200m:	2:47.35	42.73	300m:	4:38.54	56.48	400m:	5:56.23	37.35
21.	PEREZ CERVILLA, Carla		09	C.D. Nonadamos					<b>6:04.87</b>	13,00		
	50m:	40.52	40.52	150m:	2:13.32	45.61	250m:	3:49.78	52.16	350m:	5:25.81	42.12
	100m:	1:27.71	47.19	200m:	2:57.62	44.30	300m:	4:43.69	53.91	400m:	6:04.87	39.06
22.	CEDRES ESPINOSA, Martina		09	Esna Lanzarote					<b>6:15.71</b>	12,00		
	50m:	38.36	38.36	150m:	2:14.88	48.48	250m:	3:55.20	53.27	350m:	5:33.31	42.68
	100m:	1:26.40	48.04	200m:	3:01.93	47.05	300m:	4:50.63	55.43	400m:	6:15.71	42.40

Prueba 2, Fem., 400m Estilos, Absoluto Femenino

Clasificación	AN	Tiempo
23. PEREZ CERVILLA, Alba	12 C.D. Nonadamos	<b>6:24.86</b> 11,00
50m: 41.81 41.81 150m: 2:20.12 48.35 250m: 4:03.36 54.56 350m: 5:42.79 44.20		
100m: 1:31.77 49.96 200m: 3:08.80 48.68 300m: 4:58.59 55.23 400m: 6:24.86 42.07		
24. TOBAL FEBLES, Helena	13 C.D. Herbania	<b>6:26.56</b> 10,00
50m: 40.27 40.27 150m: 2:17.19 49.01 250m: 4:03.91 57.61 350m: 5:46.05 42.96		
100m: 1:28.18 47.91 200m: 3:06.30 49.11 300m: 5:03.09 59.18 400m: 6:26.56 40.51		
25. JIMENEZ PINEDA, Leyre	12 Cn.Salinas Sta.Lucia	<b>6:28.66</b> 9,00
50m: 42.92 42.92 150m: 2:28.25 51.15 250m: 4:07.20 49.50 350m: 5:46.82 46.42		
100m: 1:37.10 54.18 200m: 3:17.70 49.45 300m: 5:00.40 53.20 400m: 6:28.66 41.84		
26. MARTIN DUARTE, Sofia	09 C.D. N. Bentacu-Laguna	<b>6:30.41</b> 8,00
50m: 40.54 40.54 200m: 3:09.63 1:39.37 400m: 6:30.41 1:30.27		
100m: 1:30.26 49.72 300m: 5:00.14 1:50.51		
27. NARANJO NOVAL, Lucia	10 C.D. Herbania	<b>6:34.32</b> 7,00
50m: 41.79 41.79 150m: 2:21.22 46.68 250m: 4:05.15 57.09 350m: 5:51.49 46.63		
100m: 1:34.54 52.75 200m: 3:08.06 46.84 300m: 5:04.86 59.71 400m: 6:34.32 42.83		
28. NAVARRO PARRILLA, Aisha	11 C.N. Valleverde	<b>7:06.41</b> 6,00
50m: 42.00 42.00 200m: 3:22.85 1:48.26 400m: 7:06.41 1:39.52		
100m: 1:34.59 52.59 300m: 5:26.89 2:04.04		
DSQ PEREZ SUAREZ, Laura	01 C.N..Faynagua C. Telde	-
<i>DNI - Desc Nado Irregular</i>		
NP BATISTA RIOS, Marta	11 C.N. Metropole	-
NP ROJAS SOCAS, Ester	10 C.D. N. Bentacu-Laguna	-
Baja GIL ALAMO, Samirah	13 Club Deportivo Agaeterun	-
Baja MARTEL TORRES, Carmen	13 Cn.Salinas Sta.Lucia	-
Baja DORTA BERNAL, Alba	10 A.D. Santa Cruz	-
Baja BABIKOVA, Marianna	11 A.D. Santa Cruz	-

Prueba 3  
22/11/2025

Masc., 50m Espalda

Absoluto Masculino  
Resultados

Clasificación	AN	Tiempo
1. DIAZ GONZALEZ, Pablo	03 A.D. Santa Cruz	<b>27.54</b> 36,00
RIVEROL HERNANDEZ, Miguel Alonso	08 C.N. Teneteide	<b>27.54</b> 36,00
3. BELAMENDIA COTORRUELO, Gerald	07 C.N. Teneteide	<b>27.92</b> 31,00
4. MARTIN SUAREZ, Alejandro	00 C.N. Aguacan	<b>28.38</b> 30,00
5. VILLANUEVA JODKO, Aleksander	08 Cn.Salinas Sta.Lucia	<b>28.63</b> 29,00
6. SALUTREGUI GOMEZ, Nicolas	01 C.N. Aguacan	<b>28.89</b> 28,00
7. TALLO PEREZ, Bruno	10 R.C. Naut. Tenerife	<b>29.14</b> 27,00
8. MARTIN GARCIA, Mario	04 C.N. Martianez Coral Hotels	<b>29.24</b> 26,00
9. ARANDA GALLEGO, Jose Juan	75 Esna Lanzarote	<b>29.54</b> 25,00
10. MORENO ALVAREZ, Alexis	08 C.B. Dominicas Vistabella	<b>29.57</b> 24,00
11. ALEMAN LOPEZ, Hugo	09 C.N. Metropole	<b>29.62</b> 23,00
12. CARRERO SERRANO, Marcos Daniel	09 C.D. Herbania	<b>29.70</b> 22,00
13. RIPPA, Francisco	00 A.D. Santa Cruz	<b>29.72</b> 21,00
14. BARRETO DE VERA, Erik Andreas	94 C.B. Dominicas Vistabella	<b>29.78</b> 20,00
15. DAVARA MENDEZ, Fernando	72 R.C. Naut. Tenerife	<b>29.87</b> 19,00
16. GARCIA CARRETERO, Nicolas	09 C.N. Metropole	<b>30.30</b> 18,00
17. RIOS ROMERO, Joaquin	04 C.D. Nonadamos	<b>30.31</b> 17,00
18. RAMIREZ MORALES, Sergio C.	03 Cn.Salinas Sta.Lucia	<b>30.98</b> 16,00
19. MONZON HENRIQUEZ, Hugo	10 Club Deportivo Agaeterun	<b>31.01</b> 15,00
20. GUTIERREZ MORENO, Lucas Del Carr	11 Club Deportivo Agaeterun	<b>31.94</b> 14,00
21. CAMPANALUNGA MORALES, Enzo	08 C.N..Faynagua C. Telde	<b>31.99</b> 13,00

Prueba 3, Masc., 50m Espalda, Absoluto Masculino

Clasificación	AN		Tiempo
22. PONCE PADRON, Ignacio	08	C.N. Carucagua	<b>32.16</b> 12,00
23. GONZALEZ GONZALEZ, Diego	08	C.D. N. Bentacu-Laguna	<b>32.24</b> 11,00
24. SOSA LA CAMERA, Daniel Nauzet	10	C.N. Valleverde	<b>32.93</b> 10,00
25. RODRIGUEZ PULIDO, Daniel	89	C.N. Valleverde	<b>32.96</b> 9,00
26. CUERVO MARIN, Aday	10	C.D. N. Bentacu-Laguna	<b>33.54</b> 8,00
27. QUINTANA BENITEZ, Marcos	09	C.N. Carucagua	<b>33.64</b> 7,00
28. ZAMBRANO DIAZ, Santiago Enrique	09	C.N. Los Cristianos	<b>33.86</b> 6,00
29. DASCULTU, Vlad Gabriel	12	Esna Lanzarote	<b>35.06</b> 5,00
30. YANES PEÑA, Alejandro	10	C.N. Reales	<b>35.28</b> 4,00
31. SANTANA ACUÑA, Gorka	09	C.D. Nonadamos	<b>35.52</b> 3,00
32. CABALLERO RODRIGUEZ, Joel	09	C.N. Los Cristianos	<b>35.97</b> 2,00
33. ALVAREZ MESA, Diego	13	C.N. Martianeze Coral Hotels	<b>37.57</b> 1,00
34. PADRON GARCIA, Mauro	13	C.P.Santa Mª De Guia	<b>38.61</b> -
35. CAMPANALUNGA MORALES, Fabio	10	C.N..Faynagua C. Telde	<b>38.88</b> -
36. MATO VAZQUEZ, Rodrigo	13	C.D. Herbania	<b>40.65</b> -
37. MARTIN MARTIN, Ayoze	09	C.N. Reales	<b>40.82</b> -
NP HERNANDEZ CURBELO, Unai	10	C.D. Nonadamos	-
NP VANHOUCKE, Louka	02	C.N. Metropole	-
NP LAGO CARABALLO, Saul	98	Cn.Salinas Sta.Lucia	-
NP PORRERO MARTIN, Jorge	07	C.N. Teneteide	-
Baja SANTANA VALENTIN, Hector	08	C.N. Villa De Agüimes 2016	-

Prueba 4  
22/11/2025

Fem., 50m Espalda

Absoluto Femenino  
Resultados

Clasificación	AN		Tiempo
1. RODRIGUEZ RIVERO, Paula	02	C.N. Las Palmas	<b>29.68</b> 38,00
2. CABALLERO MARTIN, Patricia	12	C.N. Metropole	<b>30.87</b> 34,00
3. SANTANA DRAGO, Leire	07	C.N. Las Palmas	<b>31.34</b> 31,00
4. QUINTILLA MODREGO, Laia	88	Club Deportivo Agaeterun	<b>31.56</b> 30,00
5. FERNANDEZ ANDRES, Lola	11	Cn.Salinas Sta.Lucia	<b>31.74</b> 29,00
6. HERNANDEZ CASTRILLO, Yessica	00	C.N. Aguacan	<b>31.87</b> 28,00
7. GUADALUPE NEGRIN, Yumalai	08	C.N. Teneteide	<b>31.90</b> 27,00
8. MORENO ARMAS, Ainara	07	C.N. Teneteide	<b>31.94</b> 26,00
9. VICTORES DOMINGUEZ, Maria Carla	08	C.N. Los Cristianos	<b>32.25</b> 25,00
10. BATISTA RIOS, Marta	11	C.N. Metropole	<b>32.33</b> 24,00
11. VALIDO SANTANA, Andrea	01	C.N. Aguacan	<b>32.67</b> 23,00
12. ORTEGA GUTIERREZ, Eugenia	11	C.B. Dominicas Vistabella	<b>32.95</b> 22,00
13. HERNANDEZ SANCHEZ, Lara	02	A.D. Santa Cruz	<b>33.48</b> 21,00
14. UHEROVA DIAZ-MASA, Carmen	12	C.D. N. Bentacu-Laguna	<b>33.70</b> 20,00
15. RIJO MARTIN, Sara	08	Esna Lanzarote	<b>33.97</b> 19,00
16. DI BERNARDO, Lucrecia	13	Cn.Salinas Sta.Lucia	<b>35.06</b> 18,00
17. CASTRO ADRIAN, Michelle	02	A.D. Santa Cruz	<b>35.18</b> 17,00
18. LAVANDERA ALTESOR, Josefina	10	C.N. Los Cristianos	<b>35.33</b> 16,00
19. RODRIGUEZ FERRERA, Diana	12	C.D. N. Bentacu-Laguna	<b>35.38</b> 15,00
20. DUBOIS RIVERO, Lara	10	C.N. Villa De Agüimes 2016	<b>35.47</b> 14,00
21. DIAZ PEREZ, Ainara	09	C.N. Martianeze Coral Hotels	<b>35.75</b> 13,00
22. GIMENEZ CASTILLA, Maria	07	C.N..Faynagua C. Telde	<b>35.91</b> 12,00
23. NUEZ CABRERA, Alba	09	C.N. Carucagua	<b>36.15</b> 11,00
24. ALAMO HERRERA, Julia	07	Club Deportivo Agaeterun	<b>36.21</b> 10,00
25. GONZALEZ GUILLEN, Daniela	07	C.N. Martianeze Coral Hotels	<b>36.46</b> 9,00
26. NAVARRO LUZARDO, Aranzazu	08	C.N. Carucagua	<b>37.14</b> 8,00
27. TABARES HERNANDEZ, Daniela	09	C.N. Valleverde	<b>37.66</b> 7,00



Prueba 4, Fem., 50m Espalda, Absoluto Femenino

Clasificación	AN		Tiempo
28. GARCIA PEREZ, Paola	06	C.P.Santa Mª De Guia	<b>38.28</b> 6,00
29. PEREZ LUIS, Lucia	08	C.D. Herbania	<b>39.08</b> 5,00
30. CONTESSI, Alice	12	C.N. Villa De Agüimes 2016	<b>40.26</b> 4,00
31. CEDRES ESPINOSA, Valeria	09	Esna Lanzarote	<b>40.92</b> 3,00
32. LOPEZ CELAYE, Emma Abril	12	C.D. Nonadamos	<b>41.07</b> 2,00
33. HERNANDEZ RODRIGUEZ, Mabel	11	C.N. Reales	<b>41.50</b> 1,00
34. NASSEREDDINE MESA, Nara	11	C.B. Dominicas Vistabella	<b>41.91</b> -
35. CONEJO GRIMON, Martina	11	C.D. Nonadamos	<b>43.00</b> -
36. CARRASCOSA SANTAMARIA, Sara	08	C.N..Faynagua C. Telde	<b>43.63</b> -
37. VARELA MESA, Ines	08	R.C. Naut. Tenerife	<b>44.33</b> -
38. FERNANDEZ IBRAHIM, Maria Cristina	08	C.D. Herbania	<b>44.54</b> -
39. SANTANA RODRIGUEZ, Laura	11	C.N. Valleverde	<b>45.03</b> -
40. REDONDO CORREA, Claudia	07	R.C. Naut. Tenerife	<b>45.08</b> -
41. CABRERA HERNANDEZ, Eva	14	C.N. Reales	<b>48.93</b> -
NP BERNARD BERNARD, Escarlata	89	C.N. Metropole	-
Baja FLEITAS DIAZ, Maria Edelmira	11	C.P.Santa Mª De Guia	-

Prueba 5  
22/11/2025

Masc., 200m Mariposa

Absoluto Masculino  
Resultados

Clasificación	AN		Tiempo
1. GONZALEZ NEGRIN, Aquiles	08	C.N. Teneteide	<b>2:12.11</b> 38,00
50m: 30.14 30.14 100m: 1:04.41		34.27 200m: 2:12.11 1:07.70	
2. ACOSTA ARMAS, Agoney	07	C.N. Metropole	<b>2:14.04</b> 34,00
50m: 30.27 30.27 100m: 1:04.05		33.78 150m: 1:38.74 34.69 200m: 2:14.04 35.30	
3. PERALES SILVA, Francisco	09	C.N. Los Cristianos	<b>2:14.28</b> 31,00
50m: 30.70 30.70 100m: 1:04.42		33.72 200m: 2:14.28 1:09.86	
4. DUQUE BROUARD, Daniel	08	C.B. Dominicas Vistabella	<b>2:14.35</b> 30,00
50m: 31.33 31.33 100m: 1:05.19		33.86 200m: 2:14.35 1:09.16	
5. TUYA TAVIO, Javier	09	C.N. Metropole	<b>2:16.22</b> 29,00
50m: 30.83 30.83 100m: 1:05.06		34.23 150m: 1:40.29 35.23 200m: 2:16.22 35.93	
6. PEREZ KANDRATOVICH, Lenin Raul	08	C.N. Los Cristianos	<b>2:16.82</b> 28,00
50m: 30.83 30.83 100m: 1:05.68		34.85 200m: 2:16.82 1:11.14	
7. NAVARRO ALONSO, Mark	12	C.N. Teneteide	<b>2:16.84</b> 27,00
50m: 30.93 30.93 100m: 1:03.75		32.82 200m: 2:16.84 1:13.09	
8. KEY RAMIREZ, Octavio Jose	10	C.D. N. Bentacu-Laguna	<b>2:16.96</b> 26,00
50m: 29.21 29.21 100m: 1:04.43		35.22 200m: 2:16.96 1:12.53	
9. PRIETO RODRIGUEZ, Daniel	00	A.D. Santa Cruz	<b>2:19.65</b> 25,00
50m: 28.80 28.80 100m: 1:03.87		35.07 200m: 2:19.65 1:15.78	
10. VIERA VIERA, Acoran	03	C.D. Nonadamos	<b>2:19.87</b> 24,00
50m: 31.24 31.24 100m: 1:06.01		34.77 150m: 1:42.38 36.37 200m: 2:19.87 37.49	
11. ESPIRITU ONOZA, Zivon Owen	11	C.D. N. Bentacu-Laguna	<b>2:21.72</b> 23,00
50m: 32.45 32.45 100m: 1:08.14		35.69 200m: 2:21.72 1:13.58	
12. OUBIÑA CORVALAN, Marcos A	05	Cn.Salinas Sta.Lucia	<b>2:23.89</b> 22,00
50m: 32.42 32.42 100m: 1:08.55		36.13 150m: 1:45.16 36.61 200m: 2:23.89 38.73	
13. RAMOS DELGADO, Ricardo	07	C.N. Martianez Coral Hotels	<b>2:24.65</b> 21,00
50m: 31.67 31.67 100m: 1:07.90		36.23 200m: 2:24.65 1:16.75	
14. AVERO RODRIGUEZ, Angel	11	C.D. Herbania	<b>2:29.24</b> 20,00
50m: 33.58 33.58 100m: 1:10.77		37.19 150m: 1:48.74 37.97 200m: 2:29.24 40.50	

Prueba 5, Masc., 200m Mariposa, Absoluto Masculino

Clasificación	AN	Tiempo
15. LUGO SANCHEZ, Lucas	09	C.B. Dominicas Vistabella <b>2:31.99</b> 19,00
50m: 33.39 33.39 100m: 1:11.41 38.02 200m: 2:31.99 1:20.58		
16. SUAREZ BAEZ, Eloy	09	Cn.Salinas Sta.Lucia <b>2:32.03</b> 18,00
50m: 33.64 33.64 100m: 1:11.95 38.31 150m: 1:51.94 39.99 200m: 2:32.03 40.09		
17. SUROV ROMANOV, Georgii	11	A.D. Santa Cruz <b>2:34.94</b> 17,00
50m: 33.51 33.51 100m: 1:13.24 39.73 200m: 2:34.94 1:21.70		
18. MATEOS SEGURA, Pablo	10	Club Deportivo Agaeterun <b>2:35.17</b> 16,00
50m: 33.73 33.73 100m: 1:12.68 38.95 150m: 1:53.67 40.99 200m: 2:35.17 41.50		
19. SANTANA VALIDO, Alan	05	C.N. Aguacan <b>2:40.96</b> 15,00
50m: 33.40 33.40 100m: 1:12.20 38.80 150m: 1:55.09 42.89 200m: 2:40.96 45.87		
20. DAMIANI, Giorgio	12	Club Deportivo Agaeterun <b>2:43.68</b> 14,00
50m: 32.38 32.38 100m: 1:13.16 40.78 150m: 1:58.35 45.19 200m: 2:43.68 45.33		
21. PARDO, Alessandro Francesco	13	C.N. Villa De Agüimes 2016 <b>2:46.21</b> 13,00
50m: 34.77 34.77 100m: 1:15.68 40.91 150m: 2:00.75 45.07 200m: 2:46.21 45.46		
22. POLADASHVILI, Andria	11	C.N. Carucagua <b>2:47.13</b> 12,00
50m: 34.53 34.53 100m: 1:15.53 41.00 150m: 2:01.02 45.49 200m: 2:47.13 46.11		
23. SANCHEZ RODRIGUEZ, Adrian	12	C.D. Nonadamos <b>2:48.68</b> 11,00
50m: 36.70 36.70 100m: 1:18.35 41.65 150m: 2:02.74 44.39 200m: 2:48.68 45.94		
24. NUEZ CRUZ, Gadiel	09	C.N. Aguacan <b>2:54.72</b> 10,00
50m: 36.00 36.00 100m: 1:18.01 42.01 150m: 2:03.57 45.56 200m: 2:54.72 51.15		
25. HERNANDEZ PEREZ, Abian	09	C.N. Valleverde <b>2:58.03</b> 9,00
50m: 34.96 34.96 100m: 1:19.10 44.14 150m: 2:08.19 49.09 200m: 2:58.03 49.84		
26. GONZALEZ PATO, Asier	13	Esna Lanzarote <b>3:08.63</b> 8,00
50m: 36.13 36.13 100m: 1:24.21 48.08 150m: 2:16.33 52.12 200m: 3:08.63 52.30		
27. GONZALEZ RODRIGUEZ, Javier	06	C.P.Santa Mª De Guía <b>3:17.84</b> 7,00
50m: 37.73 37.73 100m: 1:23.39 45.66 150m: 2:17.26 53.87 200m: 3:17.84 1:00.58		
28. CARBALLO DE ARA, Jorel	11	C.N. Reales <b>3:20.36</b> 6,00
50m: 40.52 40.52 100m: 1:31.26 50.74 200m: 3:20.36 1:49.10		
29. MEDINA MARIN, Nicolas	12	R.C. Naut. Tenerife <b>3:33.02</b> 5,00
50m: 43.76 43.76 100m: 1:36.49 52.73 200m: 3:33.02 1:56.53		
DSQ SANCHEZ NAVARRO, Ian	08	C.N. Valleverde -
DSQ CARAMES HUERTAS, Oriol	08	C.N..Faynagua C. Telde -
Baja CABRERA WINTER, Alvaro	01	C.N..Faynagua C. Telde -

Prueba 6  
22/11/2025

Fem., 200m Mariposa

Absoluto Femenino  
Resultados

Clasificación	AN	Tiempo
1. ULIBARRI SANCHEZ, Ines	09	C.N. Las Palmas <b>2:18.10</b> 38,00
50m: 30.81 30.81 100m: 1:05.94 35.13 150m: 1:41.64 35.70 200m: 2:18.10 36.46		
2. PORRERO MARTIN, Lucia	08	C.N. Teneteide <b>2:19.82</b> 34,00
50m: 32.10 32.10 100m: 1:08.36 36.26 200m: 2:19.82 1:11.46		
3. FUENTES MONTES, Amaya	08	C.N. Las Palmas <b>2:23.84</b> 31,00
50m: 32.32 32.32 100m: 1:08.57 36.25 150m: 1:46.24 37.67 200m: 2:23.84 37.60		
4. LABRADOR CASTILLA, Paula Daopin	05	C.N. Teneteide <b>2:29.49</b> 30,00
50m: 31.93 31.93 100m: 1:08.13 36.20 200m: 2:29.49 1:21.36		
5. SARMIENTO OJEDA, Andrea	12	C.N. Aguacan <b>2:38.19</b> 29,00
50m: 34.37 34.37 100m: 1:14.62 40.25 150m: 1:56.59 41.97 200m: 2:38.19 41.60		

Prueba 6, Fem., 200m Mariposa, Absoluto Femenino

Clasificación	AN				Tiempo			
6.	HERNANDEZ ALMENARA, Nerea	07	C.D. N. Bentacu-Laguna		<b>2:40.41</b>	28,00		
	50m: 33.75 33.75 100m: 1:14.15		40.40 200m: 2:40.41 1:26.26					
7.	RODRIGUEZ COLMENARES, Bella Sof09		C.N. Los Cristianos		<b>2:42.65</b>	27,00		
	50m: 35.62 35.62 100m: 1:15.30		39.68 200m: 2:42.65 1:27.35					
8.	LELAJ, Mirela Flora	11	C.N. Metropole		<b>2:43.41</b>	26,00		
	50m: 35.73 35.73 100m: 1:16.74		41.01 150m: 1:59.57 42.83 200m: 2:43.41 43.84					
9.	MARTIN MELIAN, Raquel	99	Esna Lanzarote		<b>2:43.82</b>	25,00		
	50m: 38.80 38.80 100m: 1:20.70		41.90 150m: 2:03.18 42.48 200m: 2:43.82 40.64					
10.	LOPEZ SOSA, Carla	09	Cn.Salinas Sta.Lucia		<b>2:44.43</b>	24,00		
	50m: 36.37 36.37 100m: 1:18.36		41.99 150m: 2:01.82 43.46 200m: 2:44.43 42.61					
11.	PEREZ SUAREZ, Laura	01	C.N..Faynagua C. Telde		<b>2:51.20</b>	23,00		
	50m: 35.97 35.97 100m: 1:17.61		41.64 150m: 2:02.50 44.89 200m: 2:51.20 48.70					
12.	PUIG CURBELO, Bella	14	C.D. N. Bentacu-Laguna		<b>2:51.43</b>	22,00		
	50m: 35.43 35.43 100m: 1:19.76		44.33 200m: 2:51.43 1:31.67					
13.	CABALLERO RUIZ, Elena	11	C.N. Metropole		<b>2:54.23</b>	21,00		
	50m: 33.67 33.67 100m: 1:13.45		39.78 150m: 2:00.77 47.32 200m: 2:54.23 53.46					
14.	DIAZ ALVAREZ, Valeria	12	C.N. Martianez Coral Hotels		<b>2:57.32</b>	20,00		
	50m: 38.93 38.93 100m: 1:20.88		41.95 200m: 2:57.32 1:36.44					
15.	DI BERNARDO, Virginia	11	Cn.Salinas Sta.Lucia		<b>2:57.53</b>	19,00		
	50m: 38.10 38.10 100m: 1:23.87		45.77 150m: 2:10.81 46.94 200m: 2:57.53 46.72					
16.	MORENO DOMINGUEZ, Paola	07	C.N. Carucagua		<b>2:57.68</b>	18,00		
	50m: 38.89 38.89 100m: 1:23.36		44.47 150m: 2:10.91 47.55 200m: 2:57.68 46.77					
17.	FERNANDEZ AGUIRRE, Lola	12	A.D. Santa Cruz		<b>2:58.21</b>	17,00		
	50m: 38.00 38.00 100m: 1:21.47		43.47 200m: 2:58.21 1:36.74					
18.	ALAMO SANTOS, Rocio	11	Club Deportivo Agaeterun		<b>2:58.78</b>	16,00		
	50m: 39.94 39.94 100m: 1:26.31		46.37 150m: 2:13.66 47.35 200m: 2:58.78 45.12					
19.	HERRERA FIGUEIRAS, Tania	13	Esna Lanzarote		<b>2:58.97</b>	15,00		
	50m: 39.30 39.30 100m: 1:25.92		46.62 150m: 2:14.54 48.62 200m: 2:58.97 44.43					
20.	MERCADO RODRIGUEZ, Lia	12	C.D. Nonadamos		<b>3:00.73</b>	14,00		
	50m: 39.56 39.56 100m: 1:25.12		45.56 150m: 2:13.01 47.89 200m: 3:00.73 47.72					
21.	PERERA SOSA, Zayra	12	C.N. Aguacan		<b>3:03.90</b>	13,00		
	50m: 38.06 38.06 100m: 1:24.63		46.57 150m: 2:14.36 49.73 200m: 3:03.90 49.54					
22.	PEREZ CERVILLA, Carla	09	C.D. Nonadamos		<b>3:06.95</b>	12,00		
	50m: 41.68 41.68 100m: 1:29.87		48.19 150m: 2:19.35 49.48 200m: 3:06.95 47.60					
23.	SOSA HERNANDEZ, Michelle Dayana	08	C.N. Martianez Coral Hotels		<b>3:08.57</b>	11,00		
	50m: 39.01 39.01 100m: 1:23.33		44.32 200m: 3:08.57 1:45.24					
24.	PERALES SILVA, Leire	13	C.N. Los Cristianos		<b>3:09.02</b>	10,00		
	50m: 40.13 40.13 100m: 1:28.49		48.36 200m: 3:09.02 1:40.53					
25.	FAJARDO SANCHEZ, Valeria	11	C.D. Herbania		<b>3:18.39</b>	9,00		
	50m: 42.09 42.09 100m: 1:32.86		50.77 150m: 2:25.94 53.08 200m: 3:18.39 52.45					
26.	ENSELL ULE, Leire	13	C.B. Dominicas Vistabella		<b>3:26.58</b>	8,00		
	50m: 41.80 41.80 100m: 1:32.19		50.39 200m: 3:26.58 1:54.39					
DSQ	ESTEVEZ RAMOS, Claudia	13	C.P.Santa Mª De Guia			-		
	DND - Desc no realiar toda la distancia							
NP	GONZALEZ GONZALEZ, Janeth	10	C.N. Aguacan			-		
Baja	GIL ALAMO, Samirah	13	Club Deportivo Agaeterun			-		
Baja	FALCON DOMINGUEZ, Elisa	12	A.D. Santa Cruz			-		
Baja	GONZALEZ RODRIGUEZ, Leyre Maria	10	C.B. Dominicas Vistabella			-		



Prueba 7  
22/11/2025

Masc., 100m Braza

Absoluto Masculino  
Resultados

Clasificación	AN				Tiempo	
1. KHILKO, Sergiy	86	R.C. Naut. Tenerife	1:04.19	33.56	<b>1:04.19</b>	38,00
50m: 30.63 30.63 100m:						
2. SANCHEZ MEDINA, Ian	06	C.N. Metropole	1:04.26	34.24	<b>1:04.26</b>	34,00
50m: 30.02 30.02 100m:						
3. RAVELO SUAREZ, Antonio Jesus	09	C.B. Dominicas Vistabella	1:05.03	34.18	<b>1:05.03</b>	31,00
50m: 30.85 30.85 100m:						
4. LEON JULIA, Marco	09	C.N. Metropole	1:05.84	34.59	<b>1:05.84</b>	30,00
50m: 31.25 31.25 100m:						
5. SEGARRA SANMARTIN, Jorge	99	C.N. Teneteide	1:07.02	35.48	<b>1:07.02</b>	29,00
50m: 31.54 31.54 100m:						
6. CERPA CABALLERO, Jonay Salvador	99	C.N. Aguacan	1:07.33	35.46	<b>1:07.33</b>	28,00
50m: 31.87 31.87 100m:						
7. AFONSO SUAREZ, Ivan	96	C.N. Los Cristianos	1:07.42	35.44	<b>1:07.42</b>	27,00
50m: 31.98 31.98 100m:						
8. AFANASEV, Vadim	03	A.D. Santa Cruz	1:07.83	34.96	<b>1:07.83</b>	26,00
50m: 32.87 32.87 100m:						
9. VEGA RODRIGUEZ, Javier	08	C.B. Dominicas Vistabella	1:08.22	35.53	<b>1:08.22</b>	25,00
50m: 32.69 32.69 100m:						
10. ALVAREZ VALENCIA, Nestor	00	Esna Lanzarote	1:08.94	36.37	<b>1:08.94</b>	24,00
50m: 32.57 32.57 100m:						
11. RODRIGUEZ MARTIN, Eric	98	C.N. Teneteide	1:09.22	36.47	<b>1:09.22</b>	23,00
50m: 32.75 32.75 100m:						
12. RIOS ROMERO, Joaquin	04	C.D. Nonadamos	1:09.82	37.11	<b>1:09.82</b>	22,00
50m: 32.71 32.71 100m:						
13. GORRIN ROBERTS, Alec	11	C.N. Los Cristianos	1:10.84	37.37	<b>1:10.84</b>	21,00
50m: 33.47 33.47 100m:						
14. GONZALEZ BAIK, Angel Nuri	04	C.D. N. Bentacu-Laguna	1:10.89	36.67	<b>1:10.89</b>	20,00
50m: 34.22 34.22 100m:						
15. CERES, Inti	05	A.D. Santa Cruz	1:10.90	37.18	<b>1:10.90</b>	19,00
50m: 33.72 33.72 100m:						
16. GONZALEZ POU, Daniel	01	C.N. Aguacan	1:11.32	38.22	<b>1:11.32</b>	18,00
50m: 33.10 33.10 100m:						
17. BEDOYA OTERO, Omar	81	C.N. Valleverde	1:12.25	38.71	<b>1:12.25</b>	17,00
50m: 33.54 33.54 100m:						
18. MERINO FAJARDO, Eduardo	09	C.D. Nonadamos	1:13.39	39.40	<b>1:13.39</b>	16,00
50m: 33.99 33.99 100m:						
19. BETANCORT RODRIGUEZ, Javier	03	Esna Lanzarote	1:14.63	38.68	<b>1:14.63</b>	15,00
50m: 35.95 35.95 100m:						
20. CABRERA MAROTO, Jose	11	C.N. Carucagua	1:16.37	40.62	<b>1:16.37</b>	14,00
50m: 35.75 35.75 100m:						
21. GARCIA DE LA ROSA, Darien	11	C.D. N. Bentacu-Laguna	1:16.92	40.49	<b>1:16.92</b>	13,00
50m: 36.43 36.43 100m:						
22. CARDONA RAMIREZ, Jose Miguel	12	Cn.Salinas Sta.Lucia	1:18.34	41.87	<b>1:18.34</b>	12,00
50m: 36.47 36.47 100m:						
23. BENITEZ SUAREZ, Jorge	09	Club Deportivo Agaeterun	1:19.27	42.28	<b>1:19.27</b>	11,00
50m: 36.99 36.99 100m:						

Prueba 7, Masc., 100m Braza, Absoluto Masculino

Clasificación	AN				Tiempo	
24. RODRIGUEZ NAVARRO, Hugo	09	R.C. Naut. Tenerife	1:19.73	43.53	<b>1:19.73</b>	10,00
50m: 36.20 36.20	100m:					
25. ALAMO HERRERA, Jorge	11	Club Deportivo Agaeterun	1:20.90	42.30	<b>1:20.90</b>	9,00
50m: 38.60 38.60	100m:					
26. DUARTE RIVADO, Raul	90	C.N. Valleverde	1:21.41	43.82	<b>1:21.41</b>	8,00
50m: 37.59 37.59	100m:					
27. RIVERO MEDINA, Joel	05	Cn.Salinas Sta.Lucia	1:22.73	44.78	<b>1:22.73</b>	7,00
50m: 37.95 37.95	100m:					
28. VAN KERKHOF REGUERO, Jesper	09	C.N..Faynagua C. Telde	1:22.92	43.49	<b>1:22.92</b>	6,00
50m: 39.43 39.43	100m:					
29. RUANO ZERPA, Fabio	10	C.N..Faynagua C. Telde	1:27.24	45.70	<b>1:27.24</b>	5,00
50m: 41.54 41.54	100m:					
30. GUILLEN MORENO, Omar	12	C.P.Santa Mª De Guia	1:28.91	48.30	<b>1:28.91</b>	4,00
50m: 40.61 40.61	100m:					
31. MORERA VEGA, Aitor	11	C.N. Carucagua	1:29.71	48.64	<b>1:29.71</b>	3,00
50m: 41.07 41.07	100m:					
32. YANES PEÑA, Alejandro	10	C.N. Reales	1:29.95	46.22	<b>1:29.95</b>	2,00
50m: 43.73 43.73	100m:					
33. HERRERA AYMAR, Sergio	13	C.P.Santa Mª De Guia	1:33.16	49.54	<b>1:33.16</b>	1,00
50m: 43.62 43.62	100m:					
34. SUAREZ ORTEGA, Aaron	13	C.N. Villa De Agüimes 2016	1:37.69	52.16	<b>1:37.69</b>	-
50m: 45.53 45.53	100m:					
35. ALVAREZ GONZALEZ, Hugo	12	C.D. Herbania	1:39.88	53.87	<b>1:39.88</b>	-
50m: 46.01 46.01	100m:					
36. TRICCA, Alexander	13	C.D. Herbania	1:51.92	1:00.78	<b>1:51.92</b>	-
50m: 51.14 51.14	100m:					
NP GUADALUPE NEGRIN, Jorge Ramses	03	A.D. Santa Cruz				-
Baja BELLO HERNANDEZ, Jaime	10	C.N. Martianez Coral Hotels				-

Prueba 8  
22/11/2025

Fem., 100m Braza

Absoluto Femenino  
Resultados

Clasificación	AN				Tiempo	
1. CERPA CABALLERO, Xiomara Ma	01	C.N. Aguacan	1:15.98	40.40	<b>1:15.98</b>	38,00
50m: 35.58 35.58	100m:					
2. BASILI, Eleonora	06	C.N. Teneteide	1:16.14	39.89	<b>1:16.14</b>	34,00
50m: 36.25 36.25	100m:					
3. DENBY, Kennedy Hope	05	C.N. Las Palmas	1:16.31	39.85	<b>1:16.31</b>	31,00
50m: 36.46 36.46	100m:					
4. FERNANDEZ VIEIRA, Carolina	08	C.N. Teneteide	1:16.84	40.28	<b>1:16.84</b>	30,00
50m: 36.56 36.56	100m:					
5. HERNANDEZ MARTIN, Nerea	03	C.N. Las Palmas	1:17.66	40.55	<b>1:17.66</b>	29,00
50m: 37.11 37.11	100m:					
6. ARIAS FREIRE, Sophia Alejandra	10	Cn.Salinas Sta.Lucia	1:18.48	41.79	<b>1:18.48</b>	28,00
50m: 36.69 36.69	100m:					
7. QUIROS FERNANDEZ, Eva	12	C.N. Metropole	1:19.63	42.27	<b>1:19.63</b>	27,00
50m: 37.36 37.36	100m:					

Prueba 8, Fem., 100m Braza, Absoluto Femenino

Clasificación	AN				Tiempo	
8. CALVICHE FERNANDEZ, Nazaret	87	A.D. Santa Cruz	<b>1:19.90</b>	26,00		
50m: 39.34 39.34	100m: 1:19.90	40.56				
9. GONZALEZ QUINTANA, Valeria	08	C.B. Dominicas Vistabella	<b>1:20.57</b>	25,00		
50m: 37.38 37.38	100m: 1:20.57	43.19				
10. MENDEZ RAMIREZ, Zoe	12	Cn.Salinas Sta.Lucia	<b>1:21.59</b>	24,00		
50m: 38.62 38.62	100m: 1:21.59	42.97				
11. FRANCOS PINEDA, Carlota	05	C.N. Martianez Coral Hotels	<b>1:21.64</b>	23,00		
50m: 38.34 38.34	100m: 1:21.64	43.30				
12. GLENESK FLORES, Lucia	08	C.D. Herbania	<b>1:21.92</b>	22,00		
50m: 38.27 38.27	100m: 1:21.92	43.65				
13. GODOY FALCON, Ma Daniela	06	C.P.Santa Mª De Guia	<b>1:21.98</b>	21,00		
50m: 38.79 38.79	100m: 1:21.98	43.19				
14. DIAZ PEREZ, Leyla	13	C.N. Martianez Coral Hotels	<b>1:22.42</b>	20,00		
50m: 39.74 39.74	100m: 1:22.42	42.68				
15. CABRERA SUAREZ, Julia	09	A.D. Santa Cruz	<b>1:22.48</b>	19,00		
50m: 39.14 39.14	100m: 1:22.48	43.34				
16. CALZADILLA SOCAS, Silvia	12	C.D. N. Bentacu-Laguna	<b>1:23.10</b>	18,00		
50m: 39.29 39.29	100m: 1:23.10	43.81				
17. SANTANA RAMIREZ, Carmen	07	C.N. Metropole	<b>1:23.17</b>	17,00		
50m: 39.54 39.54	100m: 1:23.17	43.63				
18. MORALES GONZALEZ, Aroa	08	C.N. Aguacan	<b>1:24.54</b>	16,00		
50m: 39.56 39.56	100m: 1:24.54	44.98				
19. GONZALEZ GONZALEZ, Aitana	10	C.D. Nonadamos	<b>1:25.12</b>	15,00		
50m: 40.35 40.35	100m: 1:25.12	44.77				
20. MENDOZA GARCIA, Alba	11	C.D. N. Bentacu-Laguna	<b>1:25.66</b>	14,00		
50m: 39.92 39.92	100m: 1:25.66	45.74				
21. FERRERA VILAR, Nayade	12	C.D. Nonadamos	<b>1:27.82</b>	13,00		
50m: 40.91 40.91	100m: 1:27.82	46.91				
22. BRAUN, Zoe	11	Esna Lanzarote	<b>1:28.71</b>	12,00		
50m: 41.38 41.38	100m: 1:28.71	47.33				
23. CAMACHO TOLEDO, Aitana	14	Esna Lanzarote	<b>1:28.80</b>	11,00		
50m: 41.70 41.70	100m: 1:28.80	47.10				
24. GIMENEZ CASTILLA, Maria	07	C.N..Faynagua C. Telde	<b>1:29.74</b>	10,00		
50m: 43.18 43.18	100m: 1:29.74	46.56				
25. LIMA MUJICA, Nicole Adriana	10	C.B. Dominicas Vistabella	<b>1:31.91</b>	9,00		
50m: 43.19 43.19	100m: 1:31.91	48.72				
26. GONZALEZ ALONSO, Silvia	12	R.C. Naut. Tenerife	<b>1:33.78</b>	8,00		
50m: 44.23 44.23	100m: 1:33.78	49.55				
27. ORTEGA QUINTANA, Elena	11	C.N. Carucagua	<b>1:34.04</b>	7,00		
50m: 44.26 44.26	100m: 1:34.04	49.78				
28. DIETRICH, Katerina	08	C.N. Reales	<b>1:36.17</b>	6,00		
50m: 45.79 45.79	100m: 1:36.17	50.38				
29. JIMENEZ BENITEZ, Irene	13	Club Deportivo Agaeterun	<b>1:37.22</b>	5,00		
50m: 46.80 46.80	100m: 1:37.22	50.42				
30. PEREZ VIDAL, Beatriz	11	C.N. Los Cristianos	<b>1:37.67</b>	4,00		
50m: 45.27 45.27	100m: 1:37.67	52.40				
31. HIMPENS, Fien	14	C.N. Los Cristianos	<b>1:39.37</b>	3,00		
50m: 45.66 45.66	100m: 1:39.37	53.71				

Prueba 8, Fem., 100m Braza, Absoluto Femenino

Clasificación	AN	Tiempo
32. SANTANA RODRIGUEZ, Laura	11 C.N. Valleverde	<b>1:43.18</b> 2,00
50m: 49.67 49.67 100m: 1:43.18	53.51	
33. CABRERA HERNANDEZ, Eva	14 C.N. Reales	<b>1:43.65</b> 1,00
50m: 50.17 50.17 100m: 1:43.65	53.48	
34. CARRASCOSA SANTAMARIA, Sara	08 C.N..Faynagua C. Telde	<b>1:45.30</b> -
50m: 48.82 48.82 100m: 1:45.30	56.48	
35. SANTANA RIO, Leire	12 Club Deportivo Agaeterun	<b>1:45.38</b> -
50m: 50.80 50.80 100m: 1:45.38	54.58	
36. RUIZ DIAZ, Julia	10 C.N. Carucagua	<b>1:52.02</b> -
50m: 51.30 51.30 100m: 1:52.02	1:00.72	
37. FOX HERNANDEZ, Cloe	12 R.C. Naut. Tenerife	<b>1:54.70</b> -
50m: 53.27 53.27 100m: 1:54.70	1:01.43	
NP MEDINA HERNANDEZ, Jade	10 C.N. Las Palmas	-

Prueba 9  
22/11/2025

Masc., 1500m Libre

Absoluto Masculino  
Resultados

Clasificación	AN	Tiempo
1. COCERA CORDON, Yare	05 C.N. Metropole	<b>16:25.08</b> 76,00
50m: 28.92 28.92 450m: 4:43.92 32.58 850m: 9:09.36 33.43 1250m: 13:39.34 34.03		
100m: 59.91 30.99 500m: 5:16.84 32.92 900m: 9:42.17 32.81 1300m: 14:13.49 34.15		
150m: 1:31.20 31.29 550m: 5:49.72 32.88 950m: 10:15.56 33.39 1350m: 14:47.89 34.40		
200m: 2:03.03 31.83 600m: 6:22.63 32.91 1000m: 10:49.35 33.79 1400m: 15:22.23 34.34		
250m: 2:34.88 31.85 650m: 6:56.15 33.52 1050m: 11:23.26 33.91 1450m: 15:56.51 34.28		
300m: 3:06.63 31.75 700m: 7:28.99 32.84 1100m: 11:57.53 34.27 1500m: 16:25.08 28.57		
350m: 3:38.99 32.36 750m: 8:02.57 33.58 1150m: 12:31.54 34.01		
400m: 4:11.34 32.35 800m: 8:35.93 33.36 1200m: 13:05.31 33.77		
2. RODRIGUEZ DIAZ, Javier	08 C.N. Teneteide	<b>16:34.80</b> 68,00
50m: 29.92 29.92 400m: 4:20.88 1:06.82 800m: 8:49.92 1:07.43 1200m: 13:17.69 1:06.62		
100m: 1:02.12 32.20 500m: 5:28.04 1:07.16 900m: 9:57.27 1:07.35 1300m: 14:24.14 1:06.45		
200m: 2:07.68 1:05.56 600m: 6:35.48 1:07.44 1000m: 11:04.28 1:07.01 1400m: 15:31.10 1:06.96		
300m: 3:14.06 1:06.38 700m: 7:42.49 1:07.01 1100m: 12:11.07 1:06.79 1500m: 16:34.80 1:03.70		
3. GONZALEZ NEGRIN, Ares	12 C.N. Teneteide	<b>16:42.19</b> -
50m: 30.52 30.52 400m: 4:24.21 1:07.08 800m: 8:53.15 1:07.13 1200m: 13:21.85 1:06.76		
100m: 1:03.16 32.64 500m: 5:31.34 1:07.13 900m: 1:00.04 1300m: 14:30.04 1:08.19		
200m: 2:10.00 1:06.84 600m: 6:38.51 1:07.17 1000m: 11:08.25 10:08.21 1400m: 15:38.07 1:08.03		
300m: 3:17.13 1:07.13 700m: 7:46.02 1:07.51 1100m: 12:15.09 1:06.84 1500m: 16:42.19 1:04.12		
4. GOMEZ RODRIGUEZ, Daniel	09 C.N. Aguacan	<b>16:44.07</b> 62,00
50m: 28.64 28.64 450m: 4:51.19 33.63 850m: 9:22.01 33.76 1250m: 13:55.83 34.22		
100m: 1:00.10 31.46 500m: 5:25.10 33.91 900m: 9:56.11 34.10 1300m: 14:30.41 34.58		
150m: 1:31.70 31.60 550m: 5:59.09 33.99 950m: 10:30.21 34.10 1350m: 15:04.77 34.36		
200m: 2:03.98 32.28 600m: 6:33.04 33.95 1000m: 11:04.56 34.35 1400m: 15:39.31 34.54		
250m: 2:37.23 33.25 650m: 7:06.48 33.44 1050m: 11:38.62 34.06 1450m: 16:13.38 34.07		
300m: 3:10.59 33.36 700m: 7:40.31 33.83 1100m: 12:13.23 34.61 1500m: 16:44.07 30.69		
350m: 3:43.85 33.26 750m: 8:14.46 34.15 1150m: 12:47.22 33.99		
400m: 4:17.56 33.71 800m: 8:48.25 33.79 1200m: 13:21.61 34.39		
5. SANTANA SARMIENTO, Miguel	83 C.N..Faynagua C. Telde	<b>17:01.52</b> 60,00
50m: 32.56 32.56 450m: 5:05.09 34.06 850m: 9:37.38 34.28 1250m: 14:13.04 34.67		
100m: 1:06.96 34.40 500m: 5:38.80 33.71 900m: 10:11.82 34.44 1300m: 14:47.69 34.65		
150m: 1:41.22 34.26 550m: 6:12.92 34.12 950m: 10:46.18 34.36 1350m: 15:22.31 34.62		
200m: 2:15.50 34.28 600m: 6:46.87 33.95 1000m: 11:20.73 34.55 1400m: 15:56.79 34.48		
250m: 2:49.63 34.13 650m: 7:20.83 33.96 1050m: 11:55.07 34.34 1450m: 16:30.38 33.59		
300m: 3:23.39 33.76 700m: 7:54.86 34.03 1100m: 12:29.37 34.30 1500m: 17:01.52 31.14		
350m: 3:57.29 33.90 750m: 8:28.98 34.12 1150m: 13:03.73 34.36		
400m: 4:31.03 33.74 800m: 9:03.10 34.12 1200m: 13:38.37 34.64		

Prueba 9, Masc., 1500m Libre, Absoluto Masculino

Clasificación

AN

Tiempo

<b>6. SANTANA RAMIREZ, Adrian</b>	<b>08</b>	<b>Cn.Salinas Sta.Lucia</b>	<b>17:44.72</b>	<b>58,00</b>
50m: 29.01 29.01	450m: 5:06.62 35.72	850m: 9:58.78 36.52	1250m: 14:48.53 35.68	
100m: 1:00.97 31.96	500m: 5:42.76 36.14	900m: 10:35.43 36.65	1300m: 15:24.43 35.90	
150m: 1:35.07 34.10	550m: 6:19.29 36.53	950m: 11:12.02 36.59	1350m: 16:00.57 36.14	
200m: 2:09.45 34.38	600m: 6:55.95 36.66	1000m: 11:48.26 36.24	1400m: 16:35.76 35.19	
250m: 2:44.54 35.09	650m: 7:32.26 36.31	1050m: 12:23.96 35.70	1450m: 17:11.22 35.46	
300m: 3:19.54 35.00	700m: 8:09.02 36.76	1100m: 13:00.02 36.06	1500m: 17:44.72 33.50	
350m: 3:55.28 35.74	750m: 8:45.44 36.42	1150m: 13:36.48 36.46		
400m: 4:30.90 35.62	800m: 9:22.26 36.82	1200m: 14:12.85 36.37		
<b>7. IZAGUIRRE NESSI, Anthony Xavier</b>	<b>11</b>	<b>C.D. N. Bentacu-Laguna</b>	<b>17:44.82</b>	<b>56,00</b>
50m: 30.27 30.27	400m: 4:30.48 1:10.64	800m: 9:17.38 1:11.90	1200m: 14:07.98 1:13.00	
100m: 1:03.02 32.75	500m: 5:41.97 1:11.49	900m: 10:29.92 1:12.54	1300m: 15:21.44 1:13.46	
200m: 2:10.53 1:07.51	600m: 6:53.64 1:11.67	1000m: 11:41.53 1:11.61	1400m: 16:34.39 1:12.95	
300m: 3:19.84 1:09.31	700m: 8:05.48 1:11.84	1100m: 12:54.98 1:13.45	1500m: 17:44.82 1:10.43	
<b>8. MORALES RODRIGUEZ, Sergio</b>	<b>73</b>	<b>A.D. Santa Cruz</b>	<b>18:01.08</b>	<b>54,00</b>
50m: 32.31 32.31	400m: 4:42.06 36.05	800m: 9:31.98 1:12.77	1200m: 14:26.01 1:12.79	
100m: 1:07.38 35.07	500m: 5:54.34 1:12.28	900m: 10:48.59 1:16.61	1300m: 15:38.69 1:12.68	
200m: 2:53.74 1:46.36	600m: 7:06.83 1:12.49	1000m: 12:00.61 1:12.02	1400m: 16:50.88 1:12.19	
300m: 4:06.01 1:12.27	700m: 8:19.21 1:12.38	1100m: 13:13.22 1:12.61	1500m: 18:01.08 1:10.20	
<b>9. HENRIQUEZ HERNANDEZ, Rafael</b>	<b>87</b>	<b>C.N. Aguacan</b>	<b>18:09.98</b>	<b>-</b>
50m: 33.03 33.03	450m: 5:17.45 35.99	850m: 10:09.85 36.90	1250m: 15:07.55 37.16	
100m: 1:08.00 34.97	500m: 5:53.34 35.89	900m: 10:47.02 37.17	1300m: 15:44.68 37.13	
150m: 1:43.17 35.17	550m: 6:30.02 36.68	950m: 11:23.92 36.90	1350m: 16:21.62 36.94	
200m: 2:18.62 35.45	600m: 7:06.45 36.43	1000m: 12:01.36 37.44	1400m: 16:59.06 37.44	
250m: 2:54.20 35.58	650m: 7:42.94 36.49	1050m: 12:38.56 37.20	1450m: 17:35.32 36.26	
300m: 3:29.78 35.58	700m: 8:19.67 36.73	1100m: 13:15.88 37.32	1500m: 18:09.98 34.66	
350m: 4:05.53 35.75	750m: 8:56.39 36.72	1150m: 13:53.23 37.35		
400m: 4:41.46 35.93	800m: 9:32.95 36.56	1200m: 14:30.39 37.16		
<b>10. ALAMO ESPINO, Joaquin</b>	<b>09</b>	<b>Club Deportivo Agaeterun</b>	<b>18:14.28</b>	<b>52,00</b>
50m: 31.60 31.60	450m: 5:22.00 37.31	850m: 10:17.10 36.70	1250m: 15:14.87 37.08	
100m: 1:06.13 34.53	500m: 5:58.82 36.82	900m: 10:54.38 37.28	1300m: 15:52.06 37.19	
150m: 1:41.80 35.67	550m: 6:35.38 36.56	950m: 11:31.80 37.42	1350m: 16:28.23 36.17	
200m: 2:17.68 35.88	600m: 7:12.01 36.63	1000m: 12:09.12 37.32	1400m: 17:04.94 36.71	
250m: 2:53.88 36.20	650m: 7:48.90 36.89	1050m: 12:45.67 36.55	1450m: 17:41.57 36.63	
300m: 3:30.42 36.54	700m: 8:25.97 37.07	1100m: 13:23.32 37.65	1500m: 18:14.28 32.71	
350m: 4:07.41 36.99	750m: 9:03.18 37.21	1150m: 14:00.38 37.06		
400m: 4:44.69 37.28	800m: 9:40.40 37.22	1200m: 14:37.79 37.41		
<b>11. CEDRES YANES, Eduardo</b>	<b>09</b>	<b>R.C. Naut. Tenerife</b>	<b>18:16.87</b>	<b>50,00</b>
50m: 30.64 30.64	400m: 4:43.41 1:13.98	800m: 9:41.79 1:15.39	1200m: 14:38.80 1:14.18	
100m: 1:04.43 33.79	500m: 5:58.36 1:14.95	900m: 10:55.88 1:14.09	1300m: 15:53.11 1:14.31	
200m: 2:15.65 1:11.22	600m: 7:12.04 1:13.68	1000m: 12:10.49 1:14.61	1400m: 17:06.94 1:13.83	
300m: 3:29.43 1:13.78	700m: 8:26.40 1:14.36	1100m: 13:24.62 1:14.13	1500m: 18:16.87 1:09.93	
<b>12. GONZALEZ SUAREZ, Ivan</b>	<b>92</b>	<b>C.N. Martianez Coral Hotels</b>	<b>18:28.26</b>	<b>48,00</b>
50m: 32.49 32.49	400m: 4:51.08 1:14.63	800m: 9:49.76 1:14.43	1200m: 14:47.56 1:14.50	
100m: 1:08.61 36.12	500m: 6:05.58 1:14.50	900m: 11:04.21 1:14.45	1300m: 16:01.76 1:14.20	
200m: 2:22.29 1:13.68	600m: 7:20.46 1:14.88	1000m: 12:18.74 1:14.53	1400m: 17:15.29 1:13.53	
300m: 3:36.45 1:14.16	700m: 8:35.33 1:14.87	1100m: 13:33.06 1:14.32	1500m: 18:28.26 1:12.97	
<b>13. FDEZ DIAZ, Santiago</b>	<b>06</b>	<b>Esna Lanzarote</b>	<b>18:41.24</b>	<b>46,00</b>
50m: 32.05 32.05	450m: 5:26.71 37.60	850m: 10:28.12 38.19	1250m: 15:33.44 38.72	
100m: 1:07.12 35.07	500m: 6:04.39 37.68	900m: 11:06.04 37.92	1300m: 16:12.06 38.62	
150m: 1:43.13 36.01	550m: 6:41.96 37.57	950m: 11:44.07 38.03	1350m: 16:50.42 38.36	
200m: 2:19.89 36.76	600m: 7:19.50 37.54	1000m: 12:21.94 37.87	1400m: 17:28.79 38.37	
250m: 2:57.11 37.22	650m: 7:57.01 37.51	1050m: 12:59.73 37.79	1450m: 18:07.26 38.47	
300m: 3:34.39 37.28	700m: 8:34.52 37.51	1100m: 13:38.39 38.66	1500m: 18:41.24 33.98	
350m: 4:11.77 37.38	750m: 9:12.45 37.93	1150m: 14:16.64 38.25		
400m: 4:49.11 37.34	800m: 9:49.93 37.48	1200m: 14:54.72 38.08		



Prueba 9, Masc., 1500m Libre, Absoluto Masculino

Clasificación	AN				Tiempo			
14. DIAZ ALAMO, Matias	11				Club Deportivo Agaeterun			
					18:43.72			
50m:	32.72	32.72	450m:	5:33.45	38.20	850m:	10:40.93	38.21
100m:	1:09.22	36.50	500m:	6:11.57	38.12	900m:	11:18.55	37.62
150m:	1:46.62	37.40	550m:	6:49.53	37.96	950m:	11:56.53	37.98
200m:	2:24.15	37.53	600m:	7:28.02	38.49	1000m:	12:34.21	37.68
250m:	3:01.60	37.45	650m:	8:07.26	39.24	1050m:	13:12.16	37.95
300m:	3:39.23	37.63	700m:	8:45.97	38.71	1100m:	13:49.77	37.61
350m:	4:17.34	38.11	750m:	9:24.10	38.13	1150m:	14:27.83	38.06
400m:	4:55.25	37.91	800m:	10:02.72	38.62	1200m:	15:05.54	37.71
15. CABALLERO RODRIGUEZ, Joel	09				C.N. Los Cristianos			
					18:51.95		44,00	
50m:	31.21	31.21	400m:	4:53.00	1:17.27	800m:	10:00.45	1:16.91
100m:	1:05.40	34.19	500m:	6:09.79	1:16.79	900m:	11:17.08	1:16.63
200m:	2:19.08	1:13.68	600m:	7:26.68	1:16.89	1000m:	12:33.66	1:16.58
300m:	3:35.73	1:16.65	700m:	8:43.54	1:16.86	1100m:	13:49.74	1:16.08
1200m:	15:06.10	1:16.36	1300m:	16:22.39	1:16.29	1400m:	17:38.66	1:16.27
1500m:	18:51.95	1:13.29						
16. PEREZ CERVILLA, Daniel	07				C.D. Nonadamos			
					19:05.52		42,00	
50m:	34.17	34.17	450m:	5:34.96	38.07	850m:	10:41.28	38.78
100m:	1:09.86	35.69	500m:	6:12.66	37.70	900m:	11:20.06	38.78
150m:	1:47.38	37.52	550m:	6:50.98	38.32	950m:	11:59.32	39.26
200m:	2:25.03	37.65	600m:	7:29.16	38.18	1000m:	12:38.49	39.17
250m:	3:03.09	38.06	650m:	8:07.64	38.48	1050m:	13:17.14	38.65
300m:	3:40.91	37.82	700m:	8:45.74	38.10	1100m:	13:56.71	39.57
350m:	4:18.90	37.99	750m:	9:23.98	38.24	1150m:	14:35.86	39.15
400m:	4:56.89	37.99	800m:	10:02.50	38.52	1200m:	15:15.38	39.52
17. GIL RODRIGUEZ, Himar	11				C.N. Carucagua			
					19:23.76		40,00	
50m:	32.67	32.67	450m:	5:35.25	39.12	850m:	10:50.24	39.95
100m:	1:09.04	36.37	500m:	6:14.65	39.40	900m:	11:30.29	40.05
150m:	1:46.47	37.43	550m:	6:54.21	39.56	950m:	12:10.14	39.85
200m:	2:23.89	37.42	600m:	7:33.87	39.66	1000m:	12:50.19	40.05
250m:	3:01.52	37.63	650m:	8:13.32	39.45	1050m:	13:30.50	40.31
300m:	3:39.48	37.96	700m:	8:51.23	37.91	1100m:	14:10.30	39.80
350m:	4:17.88	38.40	750m:	9:31.27	40.04	1150m:	14:50.92	40.62
400m:	4:56.13	38.25	800m:	10:10.29	39.02	1200m:	15:30.54	39.62
18. GARCIA GALAN, Javier	06				C.B. Dominicas Vistabella			
					20:10.63		38,00	
50m:	30.90	30.90	400m:	5:11.33	1:20.55	800m:	10:38.68	1:23.15
100m:	1:12.03	41.13	500m:	6:32.24	1:20.91	900m:	12:01.47	1:22.79
200m:	2:30.70	1:18.67	600m:	7:53.02	1:20.78	1000m:	13:23.41	1:21.94
300m:	3:50.78	1:20.08	700m:	9:15.53	1:22.51	1100m:	14:45.62	1:22.21
1200m:	16:07.99	1:22.37	1300m:	17:29.83	1:21.84	1400m:	18:51.63	1:21.80
1500m:	20:10.63	1:19.00						
19. MACHIN CABRERA, Roberto	93				C.N. Valleverde			
					20:59.64		36,00	
50m:	35.42	35.42	450m:	6:00.84	41.54	850m:	11:39.21	42.77
100m:	1:14.11	38.69	500m:	6:42.65	41.81	900m:	12:22.02	42.81
150m:	1:54.23	40.12	550m:	7:24.44	41.79	950m:	13:04.59	42.57
200m:	2:34.71	40.48	600m:	8:06.82	42.38	1000m:	13:47.32	42.73
250m:	3:16.01	41.30	650m:	8:48.37	41.55	1050m:	14:30.92	43.60
300m:	3:57.63	41.62	700m:	9:31.22	42.85	1100m:	15:14.05	43.13
350m:	4:38.23	40.60	750m:	10:13.61	42.39	1150m:	15:57.20	43.15
400m:	5:19.30	41.07	800m:	10:56.44	42.83	1200m:	16:40.55	43.35
20. MICO FERNANDEZ, Pedro	11				C.D. Herbania			
					21:46.09		34,00	
50m:	37.02	37.02	450m:	6:21.84	44.32	850m:	12:16.83	44.17
100m:	1:17.71	40.69	500m:	7:06.07	44.23	900m:	13:00.91	44.08
150m:	1:59.55	41.84	550m:	7:50.52	44.45	950m:	13:45.67	44.76
200m:	2:42.46	42.91	600m:	8:35.12	44.60	1000m:	14:30.78	45.11
250m:	3:25.41	42.95	650m:	9:19.66	44.54	1050m:	15:14.63	43.85
300m:	4:08.56	43.15	700m:	10:04.02	44.36	1100m:	15:57.90	43.27
350m:	4:53.64	45.08	750m:	10:48.32	44.30	1150m:	16:41.74	43.84
400m:	5:37.52	43.88	800m:	11:32.66	44.34	1200m:	17:25.86	44.12
NP MARRERO DELGADO, Eduardo Albert	99				C.N. Los Cristianos			

Prueba 10  
22/11/2025

Fem., 4 x 200m Libre

Absoluto Femenino  
Resultados

Clasificación

Tiempo

1.	C.N. Las Palmas 1		C.N. Las Palmas		8:24.55	76,00	
	NANNUCCI, Bianca	08	27.90	29.58	30.18	30.14	1:57.80
	ULIBARRI SANCHEZ, Ines	09	0.00	30.02	33.13	33.66	2:09.66
	BELLO CODINA, Julia	08	0.00	29.87	33.50	34.56	2:11.77
	DENBY, Kennedy Hope	05	0.00	28.95	31.62	32.33	2:05.32
2.	C.N. Teneteide 1		C.N. Teneteide		8:42.57	68,00	
	BASILI, Veronica	08	30.48	32.38			2:08.35
	PORRERO MARTIN, Lucia	08					2:08.93
	BASILI, Eleonora	06					2:14.53
	GUADALUPE NEGRIN, Yumalai	08					2:10.76
3.	C.N. Metropole 1		C.N. Metropole		8:53.80	62,00	
	PEREZ RAMOS, Alba	10	30.49	32.85	35.31	36.10	2:14.75
	BENITEZ BRITO, Ana	10	0.00	29.98	34.05	36.09	2:15.17
	PISA, Maria Sofia	11	0.00	31.34	34.68	34.26	2:13.71
	AGUIAR ESPINO, Olivia	09	0.00	29.57	32.59	33.87	2:10.17
4.	C.N. Aguacan 1		C.N. Aguacan		9:06.61	60,00	
	DE CASTRO URQUIOLA, Helena	04	31.45	33.64	34.83	34.96	2:14.88
	SUAREZ MACIAS, Gabriela	09	0.00	31.48	35.84	36.67	2:20.38
	HERNANDEZ CASTRILLO, Yessica	00	0.00	31.18	33.84	34.93	2:15.44
	SARMIENTO OJEDA, Andrea	12	0.00	30.82	34.60	35.81	2:15.91
5.	C.N. Martianez Coral Hotels 1		C.N. Martianez Coral Hotels		9:16.12	58,00	
	SOSA HERNANDEZ, Andrea Esther	04	31.80	33.16			2:15.15
	SCARPA, Barbara	08					2:18.72
	DIAZ ALVAREZ, Valeria	12					2:26.35
	WOLGESCHAFFEN FERNANDEZ, Sofia	06					2:15.90
6.	Esna Lanzarote 1		Esna Lanzarote		9:21.23	56,00	
	RIJO MARTIN, Sara	08	31.73	34.42	35.87	36.02	2:18.04
	MARTIN MELIAN, Raquel	99	0.00	32.90	35.55	35.98	2:20.40
	LORENZO GONZALEZ, Victoria	12	0.00	33.22	35.82	36.37	2:20.49
	PEREZ MUÑOZ, Claudia	08	0.00	31.37	35.38	38.05	2:22.30
7.	C.N. Los Cristianos 1		C.N. Los Cristianos		9:26.75	54,00	
	VICTORES DOMINGUEZ, Maria Carla	08	31.78	34.62			2:18.85
	SAIZ PEREZ, Mar	08					2:21.59
	LAVANDERA ALTESOR, Josefina	10					2:26.34
	MOURE GAO, Natalia	11					2:19.97
8.	C.B. Dominicas Vistabella 1		C.B. Dominicas Vistabella		9:30.40	52,00	
	DUQUE BROUARD, Elena	10	31.16	33.69			2:13.31
	GONZALEZ RODRIGUEZ, Leyre Maria	10					2:34.92
	PIÑERO STEGENSEK, Elisa	08					2:24.73
	ORTEGA GUTIERREZ, Eugenia	11					2:17.44
9.	Club Deportivo Agaeterun 1		Club Deportivo Agaeterun		9:34.12	50,00	
	CABRERA VERASTEGUI, Maria	12	34.75	38.07	39.58	38.46	2:30.86
	QUINTILLA MODREGO, Laia	88	0.00	30.11	33.02	35.16	2:14.06
	ALAMO HERRERA, Julia	07	0.00	32.40	38.13	39.83	2:29.59
	QUINTANA SUAREZ, Miriam	10	0.00	32.60	35.52	36.56	2:19.61
10.	Cn.Salinas Sta.Lucia 1		Cn.Salinas Sta.Lucia		9:35.30	48,00	
	LOPEZ SOSA, Carla	09	32.84	35.54	36.94	36.93	2:22.25
	ARIAS FREIRE, Sophia Alejandra	10	0.00	34.04	38.45	39.18	2:29.80
	FERNANDEZ ANDRES, Lola	11	0.00	31.76	36.00	37.41	2:20.83
	DI BERNARDO, Virginia	11	0.00	31.90	36.66	37.86	2:22.42
11.	A.D. Santa Cruz 1		A.D. Santa Cruz		9:45.03	46,00	
	CABRERA SUAREZ, Julia	09	33.10	36.97			2:26.21
	CALVICHE FERNANDEZ, Nazaret	87					2:23.21
	HERNANDEZ SANCHEZ, Lara	02					2:24.55
	DIAZ SUAREZ, Mariela	03					2:31.06

Prueba 10, Fem., 4 x 200m Libre, Absoluto Femenino

Clasificación

Tiempo

12.	C.D. Nonadamos 1		C.D. Nonadamos		<b>9:47.09</b>	44,00	
	MARTIN MARTIN, Nerea	11	31.35	34.43	35.39	33.93	2:15.10
	GONZALEZ GONZALEZ, Aitana	10	0.00	34.52	37.56	40.02	2:28.07
	MERCADO RODRIGUEZ, Lia	12	0.00	38.08	39.81	39.19	2:35.45
	GARCIA CERVANTES, Laura	89	0.00	33.65	37.94	38.70	2:28.47
13.	R.C. Naut. Tenerife 1		R.C. Naut. Tenerife		<b>9:52.45</b>	42,00	
	DIAZ DE LOSADA BUJAN, Silvia	12	32.33	36.26			2:22.54
	DELGADO BARDON, Alicia	07					2:31.88
	IBAÑEZ MARTINEZ, Beatriz	12					2:36.29
	DOBLE AFONSO, Elisa	00					2:21.74
14.	C.D. N. Bentacu-Laguna 1		C.D. N. Bentacu-Laguna		<b>9:57.97</b>	40,00	
	RODRIGUEZ FERRERA, Diana	12	33.91	37.57			2:33.23
	CALZADILLA SOCAS, Silvia	12					2:34.04
	UHEROVA DIAZ-MASA, Carmen	12					2:29.63
	HERNANDEZ ALMENARA, Nerea	07					2:21.07
15.	C.N..Faynagua C. Telde 1		C.N..Faynagua C. Telde		<b>10:03.57</b>	38,00	
	PULIDO MAYOR, Sheila	98	32.14	34.85	35.56	35.90	2:18.45
	GIMENEZ CASTILLA, Maria	07	0.00	33.02	37.41	38.79	2:28.04
	CARRASCOSA SANTAMARIA, Sara	08	0.00	35.76	41.42	43.45	2:41.29
	PEREZ SUAREZ, Laura	01	0.00	35.55	39.68	40.90	2:35.79
16.	C.N. Carucagua 1		C.N. Carucagua		<b>10:03.73</b>	36,00	
	ALAMO MATOS, Ariadna	09	33.15	36.92	37.89	36.91	2:24.87
	NUEZ CABRERA, Alba	09	0.00	35.51	39.45	42.00	2:37.88
	FALCON AFONSO, Ines	13	0.00	35.34	38.79	39.42	2:31.19
	MORENO DOMINGUEZ, Paola	07	0.00	36.43	38.98	38.72	2:29.79
17.	C.D. Herbania 1		C.D. Herbania		<b>10:18.96</b>	34,00	
	TOBAL FEBLES, Helena	13	34.51	38.31	40.43	39.42	2:32.67
	FAJARDO SANCHEZ, Valeria	11	0.00	36.25	41.39	42.77	2:42.55
	NARANJO NOVAL, Lucia	10	0.00	35.15	37.43	40.77	2:32.25
	GLENESK FLORES, Lucia	08	0.00	34.10	38.28	39.76	2:31.49
18.	C.N. Valleverde 1		C.N. Valleverde		<b>10:37.58</b>	32,00	
	PERCANNELLA, Giada	07	34.58	38.70	40.60	40.15	2:34.03
	TABARES HERNANDEZ, Daniela	09	0.00	37.27	41.98	43.78	2:44.98
	DE MARCO CASTAÑO, Natalia	08	0.00	32.30	35.07	35.72	2:19.34
	NAVARRO PARRILLA, Aisha	11	0.00	39.74	43.53	45.19	2:59.23
19.	C.N. Reales 1		C.N. Reales		<b>11:11.66</b>	30,00	
	HERNANDEZ RODRIGUEZ, Mabel	11	0.00	35.82	38.58		2:33.29
	DIETRICH, Katerina	08	0.00				2:56.66
	ROMERO LOPEZ, Leire	10	0.00				2:32.45
	CABRERA HERNANDEZ, Eva	14	0.00				3:09.26

Prueba 11  
22/11/2025

Masc., 4 x 100m Libre

Absoluto Masculino  
Resultados

Clasificación

Tiempo

1.	C.N. Teneteide 1			C.N. Teneteide			<b>3:29.17</b>	76,00
	MAUDES DOMENECH, Daniel	05	25.62	52.57	GONZALEZ NEGRIN, Aquiles	08		53.30
	RIVEROL HERNANDEZ, Miguel Alor08			51.75	PORRERO MARTIN, Jorge	07		51.55
2.	C.N. Metropole 1			C.N. Metropole			<b>3:29.79</b>	68,00
	ALONSO DOMINGUEZ, Manuel		25.50	52.67	LEON ACOSTA, Hugo	0.00	24.94	52.53
	SANTOS CABRERA, Daniel	0.00	25.46	53.55	VACCARI MARCHETTI, Federico	0.00	24.19	51.04
3.	C.N. Aguacan 1			C.N. Aguacan			<b>3:34.56</b>	62,00
	MAÑOJIL CABRERA, Sergio		25.70	53.11	SALUTREGUI GOMEZ, Nicolas	0.00	25.25	53.93
	CHAVARREN CORUJO, Asier	0.00	26.27	54.13	MARTIN SUAREZ, Alejandro	0.00	25.32	53.39
4.	A.D. Santa Cruz 1			A.D. Santa Cruz			<b>3:35.43</b>	60,00
	GUADALUPE NEGRIN, Jorge Rams03		25.70	54.12	PRIETO RODRIGUEZ, Daniel	00		53.25
	GONZALEZ ALONSO, Airam	95		53.83	RIPPA, Francisco	00		54.23

Prueba 11, Masc., 4 x 100m Libre, Absoluto Masculino

Clasificación

Tiempo

5.	Esna Lanzarote 1				Esna Lanzarote	<b>3:37.46</b>	58,00
	MANZATTO VACCARO, Nicolas	25.12	52.35	BETANCORT RODRIGUEZ, Javier	0.00	26.09	54.74
	COLODRERO MUÑOZ, Ivan	0.00	26.03	ARANDA GALLEG0, Jose Juan	0.00	26.82	56.22
6.	C.N. Martiane3 Coral Hotels 1			C.N. Martiane3 Coral Hotels		<b>3:40.13</b>	56,00
	HOLZENDORF DIONIS, Thomas	97	25.93	RAMOS DELGADO, Ricardo	07		55.41
	RAMOS DELGADO, Gabriel	05		PEREZ GONZALEZ, Fco Javier	90		55.16
7.	C.B. Dominicas Vistabella 1			C.B. Dominicas Vistabella		<b>3:40.62</b>	54,00
	RAVELO SUAREZ, Antonio Jesus	09	25.66	DUQUE BROUARD, Daniel	08		55.38
	ESTEVEZ GALVEZ, Carlos	08		MORENO ALVAREZ, Alexis	08		54.89
8.	R.C. Naut. Tenerife 1			R.C. Naut. Tenerife		<b>3:42.62</b>	52,00
	CAPLLONCH DE UÑA, Ismael	07	25.72	ESTRELLA PADRON, Javier	01		56.11
	DAVARA MENDEZ, Fernando	72		TALLO PEREZ, Bruno	10		57.06
9.	Cn.Salinas Sta.Lucia 1			Cn.Salinas Sta.Lucia		<b>3:44.25</b>	50,00
	VILLANUEVA JODKO, Aleksander	25.58	54.42	RAMIREZ MORALES, Sergio C.	0.00	25.93	55.00
	OUBIÑA CORVALAN, Marcos A	0.00	27.01	SANTANA RAMIREZ, Adrian	0.00	27.55	57.45
10.	C.D. N. Bentacu-Laguna 1			C.D. N. Bentacu-Laguna		<b>3:45.85</b>	48,00
	QUIJADA PEREZ, Saul Alejandro	10	25.66	KEY RAMIREZ, Octavio Jose	10		57.15
	GONZALEZ BAIK, Angel Nuri	04		IZAGUIRRE NESSI, Anthony Xavier	11		57.55
11.	C.N. Los Cristianos 1			C.N. Los Cristianos		<b>3:46.96</b>	46,00
	AMATI, Nicolo	10	26.08	PEREZ KANDRATOVICH, Lenin Rat	08		57.10
	SANCHEZ FERNANDEZ, Gregory	09		AFONSO SUAREZ, Ivan	96		58.69
12.	C.D. Nonadamos 1			C.D. Nonadamos		<b>3:59.23</b>	44,00
	ESTRADA GARCIA, Borja	28.73	1:00.12	PEREZ CERVILLA, Daniel	0.00	30.67	1:01.93
	VIERA VIERA, Acoran	0.00	28.66	RIOS ROMERO, Joaquin	0.00	26.93	56.93
13.	Club Deportivo Agaeterun 1			Club Deportivo Agaeterun		<b>4:04.19</b>	42,00
	ALAMO SANTOS, Alberto Bruno	28.76	59.62	BENITEZ SUAREZ, Jorge	0.00	28.96	1:02.49
	MONZON HENRIQUEZ, Hugo	0.00	29.86	DAMIANI, Giorgio	0.00	30.40	1:02.12
14.	C.D. Herbania 1			C.D. Herbania		<b>4:05.65</b>	40,00
	TOBAL FEBLES, Gabriel	28.55	57.62	AVERO RODRIGUEZ, Angel	0.00	28.46	59.53
	CARRERO SERRANO, Marcos D	0.00	26.96	CARRERO SERRANO, Gabriel Jh	0.00	33.73	1:10.84
15.	C.N. Valleverde 1			C.N. Valleverde		<b>4:06.02</b>	38,00
	BEDOYA OTERO, Omar	29.13	1:00.78	DUARTE RIVADO, Raul	0.00	29.98	1:03.65
	SOSA LA CAMERA, Daniel Nauz	0.00	28.40	RODRIGUEZ PULIDO, Daniel	0.00	27.55	1:01.01
16.	C.N..Faynagua C. Telde 1			C.N..Faynagua C. Telde		<b>4:06.29</b>	36,00
	CARAMES HUERTAS, Oriol	29.11	58.99	VAN KERKHOF REGUERO, Jespe	0.00	30.84	1:04.89
	CAMPANALUNGA MORALES, Er	0.00	28.23	RUANO ZERPA, Fabio	0.00	31.45	1:04.28
17.	C.N. Carucagua 1			C.N. Carucagua		<b>4:10.01</b>	34,00
	PONCE PADRON, Ignacio	28.60	59.52	GIL RODRIGUEZ, Himar	0.00	28.47	1:02.10
	HERNANDEZ GODOY, Juan Gabr	0.00	30.93	QUINTANA BENITEZ, Marcos	0.00	28.87	1:01.31
18.	C.P.Santa Mª De Guia 1			C.P.Santa Mª De Guia		<b>4:32.70</b>	32,00
	GUILLEN PEÑA, Victor	27.49	56.84	PADRON GARCIA, Mauro	0.00	34.76	1:13.04
	GUILLEN MORENO, Omar	0.00	35.95	GONZALEZ RODRIGUEZ, Javier	0.00	30.49	1:05.00
19.	C.N. Reales 1			C.N. Reales		<b>4:40.23</b>	30,00
	RODRIGUEZ DE LA SIERRA GARC	08	1:05.87	CARBALLO DE ARA, Jorel	11		41.43
	YANES PEÑA, Alejandro	10	1:42.61	MARTIN MARTIN, Ayoze	09		1:10.32
20.	C.N. Villa De Agüimes 2016 1			C.N. Villa De Agüimes 2016		<b>4:44.34</b>	28,00
	PARDO, Alessandro Francesco	30.78	1:03.91	SUAREZ ORTEGA, Aaron	0.00	39.01	1:22.20
	RODRIGUEZ SANTANA, Mario	0.00	32.30	CARRETERO LLARENA, Yeron	0.00	32.80	1:11.15